

## Student Organizer 3

**Directions:** Use the questions below as you complete your interview for Activity 2: Understanding Resistance. Feel free to add or modify questions as you see fit.

1. What are some of the most common ways children and teens resist their parents?
2. What are some of the most common reasons children and teens challenge their parents?
3. Do the ways children oppose their parents change as they grow from childhood to their teenage years? If so, how?
4. Is there an amount of defiance that is considered healthy for children and teens? Should parents expect their children to resist them from time to time?
5. What advice would you give to parents who are dealing with very resistant children?
6. Is resistance ever a reflection of poor parenting skills?
7. Are children and teens who are resistant to their parents more likely to disregard teachers and other figures of authority?
8. Are there ever occasions when it is acceptable for children and teens to defy or say no to their parents?
9. How can children and teens successfully seek help if they are resisting demands or behaviors from their parents that are inappropriate?
10. There is a disorder called Oppositional Defiant Disorder, which causes children and teens to defy, disobey, and talk back to teachers, parents, and other adults. How can you differentiate children with this disorder from children who make a conscious effort to be defiant?

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