

## Academic Standards: Resistance to Parents

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### Health

**Standard 3:** Understands the relationship of family health to individual health  
Level III, Benchmarks 1, 3

<http://www.mcrel.org/compendium/standardDetails.asp?subjectID=17&standardID=3>

1. Knows strategies that improve or maintain family health (e.g. how one's personal behavior can affect the behavior and feelings of other family members)
3. Knows how communication techniques can improve family life (e.g., talking openly and honestly with parents when problems arise)

**Standard 4:** Knows how to maintain mental and emotional health  
Level III, Benchmark 3; Level IV, Benchmark 1

<http://www.mcrel.org/compendium/standardDetails.asp?subjectID=17&standardID=4>

Level III, Benchmark 3: Knows appropriate ways to build and maintain positive relationships with peers, parents, and other adults (e.g., interpersonal communication)

Level IV, Benchmark 1: Knows skills used to communicate effectively with family, friends, and others, and the effects of open and honest communication

**Standard 5:** Knows essential concepts and practices concerning injury prevention and safety  
Level III, Benchmark 5; Level IV, Benchmark 2, Level IV, Benchmark 4

<http://www.mcrel.org/compendium/reference.asp?item=benchmark&BenchmarkID=2184&subjectID=17>

Level III, Benchmark 5: Knows how refusal and negotiation skills can be used to enhance health

Level IV, Benchmark 2: Knows possible causes of conflicts in schools, families, and communities, and strategies to prevent conflict in these situations

Level IV, Benchmark 4: Knows how refusal, negotiation, and collaboration skills can be used to avoid potentially harmful situations

### Language Arts

**Standard 4:** Gathers and uses information for research purposes  
Level IV, Benchmarks 2, 5

<http://www.mcrel.org/compendium/Benchmark.asp?SubjectID=7&StandardID=4>

2. Uses a variety of print and electronic sources to gather information for research topics
5. Synthesizes information from multiple research studies to draw conclusions that go beyond those found in any of the individual studies

**Standard 8:** Uses listening and speaking strategies for different purposes

Level IV, Benchmarks 2, 4, 8

<http://www.mcrel.org/compendium/standardDetails.asp?subjectID=7&standardID=8>

2. Asks questions as a way to broaden and enrich classroom discussions
4. Adjusts message wording and delivery to particular audiences and for particular purposes (e.g., to defend a position, to entertain, to inform, to persuade)
8. Responds to questions and feedback about own presentations (e.g., clarifies and defends ideas, expands on a topic, uses logical arguments, modifies organization, evaluates effectiveness, sets goals for future presentations)

### Thinking and Reasoning

**Standard 6:** Applies decision-making techniques

Level IV, Benchmark 6

<http://www.mcrel.org/compendium/reference.asp?item=benchmark&BenchmarkID=4502&subjectID=21>

6. Analyzes the impact of decisions on self and others and takes responsibility for consequences and outcomes of decisions

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